



Whole Being Awareness

Awakening the Warrior Goddess Within



*The Breezes at dawn have secrets to tell you,
don't go back to sleep,
you must ask for what you truly want,
don't go back to sleep,
people are going back and forth across
the doorsill
where the two worlds touch,
the door is round and open,
don't go back to sleep." Rumi*

RECLAIM YOU INNER WISDOM AND INTUITIVE GUIDANCE

*Find time to nourish yourself. Let's come together in a circle to rejoice in
Womanhood. Celebrate the journey of life: maiden, mother, sage, crone.
Balance wellness in your physical, mental, spiritual and emotional Bodies.
Create mindful Awareness - Hear Guidance - Live Passion - Find Flow*

Explore safe, natural options to support wellness in a
3 day retreat June 27-29 / Weekly Circle will follow.

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| <ul style="list-style-type: none"> • Whole Being Awareness • Wholistic & Alternative Health • Intuitive Movement • Relaxation & Conscious Breath • Whole Food & Nutritional Healing | <ul style="list-style-type: none"> • Identify the Voice of Fear • Recognize your Intuitive Wisdom • Art, Music and Aroma Therapies • Homeopathic & Vibrational Healing • Create Relationship Harmony |
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